## Code: Trimmed Topside without Cap (gracilis) Topside V002 I. Position of the topside. 3. Remove the loosely attached cap muscle 4. Cap muscle (gracilis). 2. Remove discoloured tissue. (gracilis) by cutting along the natural seam. 5. Topside without cap muscle (gracilis). 6. Boneless trimmed topside without cap muscle (gracilis), all visible fat removed.



